

SEPTEMBER | 2019



ELEMENTARY SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 Chicken Tenders or Cheeseburger
Pickles, Lettuce Tomato
Green Beans
Macaroni & Cheese
Frozen Sidekicks
Diced Peaches
Milk

3 Beef Taco or Beef Enchiladas
Salsa, Sour Cream
Black Beans
Lettuce, Tomato, Onion
Diced Pears
Fresh Fruit
Milk

4 Chicken Drumstick with Roll or Ham & Cheese Sub
Glazed Carrots
Mashed Potatoes
Veggie Boat
Pineapple Tidbits
Fresh Fruit
Milk

5 Baked Ziti with Bread Stick or Individual Cheese Pizza
Steamed Broccoli
Salad
Mandarin Oranges
Fresh Fruit
Milk

6 French Toast
Scrambled Eggs
Salsa
Veggie Boat
Baked Apple Slices
Fresh Fruit
Milk

9 Mini Corn Dogs or Hot Ham & Cheese Sandwich
Carrots with Dip
Green Beans
Frozen Sidekick
Diced Peaches
Milk

10 Hamburger/Cheeseburger or Hot Dog
Pickles, Lettuce, Tomato
Baked Beans
Waffle Fries
Diced Pears
Fresh Fruit
Milk

11 Mandarin Chicken or Teriyaki Dippers
Rice
Steamed Broccoli
Pineapple Tidbits
Fresh Fruit
Milk

12 3 or 4 Way Chili Spaghetti
Kidney Beans, Onions
Oyster Crackers
Garden Salad
Mandarin Oranges
Fresh Fruit
Milk

13 "New" Cheese Bites or Cheese Pizza
Marinara Sauce
Veggie Boat
Applesauce
Fresh Fruit
Milk

16 Chicken Quesadilla or Cheese Quesadilla
Salsa, Sour Cream
Refried Beans
Corn
Frozen Sidekicks
Diced Peaches

17 Hot Dog or Cheese Coney
Roasted Potatoes
Onion, Shredded Cheese
Carrots/Celery with Dip
Diced Pears
Fresh Fruit

18 Salisbury Steak with Roll or Hamburger/Cheeseburger
Green Beans
Mashed Potatoes
Pineapple Tidbits
Fresh Fruit
Milk

19 Chicken Nuggets
Macaroni & Cheese
Baked Beans
Veggie Boat
Mandarin Oranges
Fresh Fruit
Milk

20 Grilled Cheese or Fish Sandwich
Tomato Soup
Oyster Crackers
Salad
Applesauce
Fresh Fruit
Milk

23 Chicken Patty on Bun or Pork BBQ on Bun
Glazed Carrots
Waffle Fries
Pickles, Lettuce, Tomato
Frozen Sidekicks
Diced Peaches
Milk

24 Cheese Pizza or Pepperoni Pizza
Corn
Diced Pears
Fresh Fruit
Milk

25 Spaghetti with Meat Sauce Or Chicken Alfredo
Dinner Roll
Green Beans
Garden Salad
Pineapple Tidbits
Fresh Fruit
Milk

26 Confetti Pancakes
Sausage Links
Smile Fries
Veggie Boat
Baked Apples
Fresh Fruit
Milk

27 Pizza Crunchers or Cheesy Flatbread
Marinara Sauce
Steamed Broccoli
Salad
Mandarin Oranges
Fresh Fruit
Milk

30 Chicken Tenders or Cheeseburger
Pickles, Lettuce Tomato
Green Beans
Macaroni & Cheese
Frozen Sidekicks
Diced Peaches
Milk

1 Beef Taco or Beef Enchiladas
Salsa, Sour Cream
Black Beans
Lettuce, Tomato, Onion
Diced Pears
Fresh Fruit
Milk

2 Chicken Drumstick with Roll or Ham & Cheese Sub
Glazed Carrots
Mashed Potatoes
Veggie Boat
Pineapple Tidbits
Fresh Fruit
Milk

3 Baked Ziti or Penne Chicken Alfredo
Steamed Broccoli
Salad
Mandarin Oranges
Fresh Fruit
Milk

4 French Toast
Scrambled Eggs
Salsa
Veggie Boat
Baked Apple Slices
Fresh Fruit
Milk

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