

SEPTEMBER | 2019



HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 Corn Dog OR
Chicken Patty Sandwich
Mac & Cheese
Green Beans
Veggie Boat with Dip
Diced Peaches
Frozen Sidekick
Milk

3 Queso Chicken over Rice OR
Beef Enchiladas
Salsa, Sour Cream
Black Beans, Corn
Mexican Salad
Diced Pears
Fresh Fruit
Milk

4 Salisbury Steak OR
Hamburger/Cheeseburger
Mashed Potatoes
Green Beans
Veggie Boat with Dip
Pineapple Tidbits
Fresh Fruit
Milk

5 Pulled Pork OR
Pulled Chicken Sandwich
Waffle Fries
Baked Beans
Kale Slaw
Mandarin Oranges
Fresh Fruit
Milk

6 Pizza Crunchers OR
Individual Cheese Pizza
Steamed Broccoli
Garden Salad
Applesauce
Fresh Fruit
Milk

9 Chicken Patty Sandwich OR
Hamburger/Cheeseburger
Seasoned Potatoes
Carrots/Celery with Dip
Diced Peaches
Frozen Sidekick
Milk

10 Chicken Fajita with Peppers and
Onions OR
Beef Nachos
Mexican Salad, Corn
Refried Beans, Salsa, Sour Cream
Diced Pears
Fresh Fruit
Milk

11 Open Face Roast Beef OR
Turkey with Gravy
Mashed Potatoes
Corn
Garden Salad
Pineapple Tidbits
Fresh Fruit
Milk

12 Chili Dog, Hot Dog OR
Meatball Sub Sandwich
Potato Wedges
Veggie Boat
Mandarin Oranges
Fresh Fruit
Milk

13 3 Cheese Cavatappi OR
Cheese Raviolis with Marinara
Green Beans
Broccoli with Dip
Garden Salad
Applesauce
Fresh Fruit
Milk

16 Choice of Cheese, Pepperoni OR
Buffalo Chicken Pizza
Green Beans
Garden Salad
Diced Peaches
Frozen Sidekick
Milk

17 Sweet Thai Chicken with Rice
OR Honey Sriracha Chicken Bowl
Glazed Carrots
Garden Salad
Diced Pears
Fresh Fruit
Milk

18 Two Chicken Drumsticks OR
Chicken Patty
Mashed Potatoes
Corn
Garden Salad
Pineapple Tidbits
Fresh Fruit
Milk

19 Chicken Tenders OR
Spicy Chicken Tenders
Mac & Cheese
Baked Beans
Garden Salad
Mandarin Oranges
Fresh Fruit
Milk

20 Fish Sandwich OR
Mozzarella Cheese Sticks with
Marinara Sauce
Steamed Broccoli
Garden Salad
Applesauce
Fresh Fruit
Milk

23 Chicken Quesadilla OR
Cheese Quesadilla
Salsa, Sour Cream
Refried Beans
Corn
Diced Peaches
Frozen Sidekick
Milk

24 4 OR 5 Way Chili Spaghetti
Kidney Beans, Onions,
Shredded Cheese
Oyster Crackers
Green Beans
Garden Salad
Diced Pears/Fresh Fruit
Milk

25 Baked Ziti with Breadstick OR
Individual Cheese Pizza
Steamed Broccoli
Garden Salad
Pineapple Tidbits
Fresh Fruit
Milk

26 Beef OR Chicken Philly Sandwich
with Queso and Sautéed Peppers
and Onions OR
Turkey/Ham Sub Sandwich
Waffle Fries
Glazed Carrots
Mandarin Oranges
Fresh Fruit
Milk

27 Wild Mike's Cheese Bites OR
Cheesy Flatbread
Marinara Sauce
Veggie Boat
Applesauce
Fresh Fruit
Milk

30 Corn Dog OR
Chicken Patty Sandwich
Mac & Cheese
Green Beans
Veggie Boat with Dip
Diced Peaches
Frozen Sidekick
Milk

1 Queso Chicken over Rice OR
Beef Enchiladas
Salsa, Sour Cream
Black Beans, Corn
Mexican Salad
Diced Pears
Fresh Fruit
Milk

2 Salisbury Steak OR
Hamburger/Cheeseburger
Mashed Potatoes
Glazed Carrots
Veggie Boat
Pineapple Tidbits
Fresh Fruit
Milk

3 Pulled Pork OR
Pulled Chicken Sandwich
Waffle Fries
Baked Beans
Kale Slaw
Mandarin Oranges
Fresh Fruit
Milk

4 Pizza Crunchers OR
Individual Cheese Pizza
Steamed Broccoli
Garden Salad
Applesauce
Fresh Fruit
Milk

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