

# OCTOBER | 2019

## Breakfast



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>30</b></p> <p>Choice of: Oatmeal with toppings Cereal with toast Pop tart with cheese stick Fruit Milk/Juice</p>	<p><b>1</b></p> <p>Choice of: Bagel with cream cheese Cereal with toast Pop tart with cheese stick Fruit Milk/Juice</p>	<p><b>2</b></p> <p>Choice of: 6 count donut holes Cereal with toast Pop tart with cheese stick Fruit Milk/Juice</p>	<p><b>3</b></p> <p>Choice of: Cheese Bagel Pizza Cereal with toast Pop tart with cheese stick Fruit Milk/Juice</p>	<p><b>4</b></p> <p>Choice of: Cheese Omelet with toast Cereal with toast Pop tart with cheese stick Fruit Milk/Juice</p>
<p><b>7</b></p> <p>Choice of: Smoothie with Donut Holes Cereal with toast Pop tart with cheese stick Fruit Milk/Juice</p>	<p><b>8</b></p> <p>Choice of: Oatmeal bar with bacon Cereal with toast Pop tart with cheese stick Fruit Milk/Juice</p>	<p><b>9</b></p> <p>Choice of: Soft Cocoa Puff or Cinnamon Toast Crunch Bar Pop tart with cheese stick Fruit Milk/Juice</p>	<p><b>10</b></p> <p>Choice of: Biscuit &amp; Gravy Cereal with toast Pop tart with cheese stick Fruit Milk/Juice</p>	<p><b>11</b></p> <p>Choice of: Cinnamon roll Cereal with toast Pop tart with cheese stick Fruit</p>
<p><b>14</b></p> <p>Choice of: Mini Cinnis Cereal with toast Pop tart with cheese stick Fruit Milk/Juice</p>	<p><b>15</b></p> <p>Choice of: Hard cooked egg with bacon Cereal with toast Pop tart with cheese stick Fruit Milk/Juice</p>	<p><b>16</b></p> <p>Choice of: Sausage Breakfast Pizza Cereal with toast Pop tart with cheese stick Fruit Milk/Juice</p>	<p><b>17</b></p> <p>Choice of: Apple Cinnamon French toast Cereal with toast Pop tart with cheese stick Fruit Milk/Juice</p>	<p><b>18</b></p> <p>Choice of: Egg &amp; Cheese Sandwich Cereal with toast Pop tart with cheese stick Fruit Milk/Juice</p>
<p><b>21</b></p> <p>Choice of: Oatmeal with toppings Cereal with toast Pop tart with cheese stick Fruit Milk/Juice</p>	<p><b>22</b></p> <p>Choice of: Bagel with cream cheese Cereal with toast Pop tart with cheese stick Fruit Milk/Juice</p>	<p><b>23</b></p> <p>Choice of: 6 count donut holes Cereal with toast Pop tart with cheese stick Fruit Milk/Juice</p>	<p><b>24</b></p> <p>Choice of: Cheese Bagel Pizza Cereal with toast Pop tart with cheese stick Fruit Milk/Juice</p>	<p><b>25</b></p> <p>Choice of: Cheese Omelet with toast Cereal with toast Pop tart with cheese stick Fruit Milk/Juice</p>
<p><b>28</b></p> <p>Choice of: Smoothie with Donut Holes Cereal with toast Pop tart with cheese stick Fruit Milk/Juice</p>	<p><b>29</b></p> <p>Choice of: Oatmeal bar with bacon Cereal with toast Pop tart with cheese stick Fruit Milk/Juice</p>	<p><b>30</b></p> <p>Choice of: Soft Cocoa Puff or Cinnamon Toast Crunch Bar Pop tart with cheese stick Fruit Milk/Juice</p>	<p><b>31</b></p> <p>Choice of: Biscuit &amp; Gravy Cereal with toast Pop tart with cheese stick Fruit Milk/Juice</p>	<p><b>1</b></p>

### News