

OCTOBER | 2019

Elementary School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30 Chicken Tenders or Cheeseburger Pickles, Lettuce Tomato Green Beans Macaroni & Cheese Frozen Sidekicks Diced Peaches Milk</p>	<p>1 Beef Taco or Beef Enchiladas Salsa, Sour Cream Black Beans Lettuce, Tomato, Onion Diced Pears Fresh Fruit Milk</p>	<p>2 Chicken Drumstick with Roll or Ham & Cheese Sub Glazed Carrots Mashed Potatoes Veggie Boat Pineapple Tidbits Fresh Fruit Milk</p>	<p>3 Baked Ziti with Bread Stick or Individual Cheese Pizza Steamed Broccoli Salad Mandarin Oranges Fresh Fruit Milk</p>	<p>4 French Toast Scrambled Eggs Salsa Veggie Boat Baked Apple Slices Fresh Fruit Milk</p>
<p>7 Mini Corn Dogs or Hot Ham & Cheese Sandwich Carrots with Dip Green Beans Frozen Sidekick Diced Peaches Milk</p>	<p>8 Hamburger/Cheeseburger or Hot Dog Pickles, Lettuce, Tomato Baked Beans Waffle Fries Diced Pears Fresh Fruit Milk</p>	<p>9 Mandarin Chicken or Teriyaki Dippers Rice Steamed Broccoli Pineapple Tidbits Fresh Fruit Milk</p>	<p>10 3 or 4 Way Chili Spaghetti Kidney Beans, Onions Oyster Crackers Garden Salad Mandarin Oranges Fresh Fruit Milk</p>	<p>11 "New" Cheese Bites or Cheese Pizza Marinara Sauce Veggie Boat Applesauce Fresh Fruit Milk</p>
<p>14 Chicken Quesadilla or Cheese Quesadilla Salsa, Sour Cream Refried Beans Corn Frozen Sidekicks Diced Peaches</p>	<p>15 Hot Dog or Cheese Coney Roasted Potatoes Onion, Shredded Cheese Carrots/Celery with Dip Diced Pears Fresh Fruit</p>	<p>16 Salisbury Steak with Roll or Hamburger/Cheeseburger Green Beans Mashed Potatoes Pineapple Tidbits Fresh Fruit Milk</p>	<p>17 Chicken Nuggets Macaroni & Cheese Baked Beans Veggie Boat Mandarin Oranges Fresh Fruit Milk</p>	<p>18 Grilled Cheese or Fish Sandwich Tomato Soup Oyster Crackers Salad Applesauce Fresh Fruit Milk</p>
<p>21 Chicken Patty on Bun or Pork BBQ on Bun Glazed Carrots Waffle Fries Pickles, Lettuce, Tomato Frozen Sidekicks Diced Peaches Milk</p>	<p>22 Cheese Pizza or Pepperoni Pizza Corn Diced Pears Fresh Fruit Milk</p>	<p>23 Spaghetti with Meat Sauce Or Chicken Alfredo Dinner Roll Green Beans Garden Salad Pineapple Tidbits Fresh Fruit Milk</p>	<p>24 Confetti Pancakes Sausage Links Smile Fries Veggie Boat Baked Apples Fresh Fruit Milk</p>	<p>25 Pizza Crunchers or Cheesy Flatbread Marinara Sauce Steamed Broccoli Salad Mandarin Oranges Fresh Fruit Milk</p>
<p>28 Chicken Tenders or Cheeseburger Pickles, Lettuce Tomato Green Beans Macaroni & Cheese Frozen Sidekicks Diced Peaches Milk</p>	<p>29 Beef Taco or Beef Enchiladas Salsa, Sour Cream Black Beans Lettuce, Tomato, Onion Diced Pears Fresh Fruit Milk</p>	<p>30 Chicken Drumstick with Roll or Ham & Cheese Sub Glazed Carrots Mashed Potatoes Veggie Boat Pineapple Tidbits Fresh Fruit Milk</p>	<p>31 Baked Ziti or Individual Cheese Pizza Steamed Broccoli Salad Mandarin Oranges Fresh Fruit Milk</p>	<p>1 French Toast Scrambled Eggs Salsa Veggie Boat Baked Apple Slices Fresh Fruit</p>

News