

OCTOBER | 2021

ES Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27					1 Pizza Crunchers Marinara Sauce Green Beans Garden Salad Applesauce Fresh Fruit Milk
4	Chicken Tenders Roasted Potatoes Green Beans Diced Peaches Frozen Sidekick Fresh Fruit Milk	5 Beef Taco with Queso Salsa, Sour Cream Corn Black Beans Diced Pears Fresh Fruit Milk	6 Chicken Drumstick Dinner Roll Mashed Potatoes Glazed Carrots Pineapple Tidbits Fresh Fruit Milk	7 Baked Ziti Garlic Breadstick Garden Salad Steamed Broccoli Mandarin Oranges Fresh Fruit Milk	8 French Toast Egg Omelet Salsa Veggie Boat Baked Apples Fresh Fruit Milk
11	Mini Corn Dogs Mac & Cheese Corn Broccoli with Dip Frozen Sidekick Diced Peaches Milk	12 Cheeseburger/Hamburger Potato Wedges Baked Beans Diced Pears Fresh Fruit Milk	13 Sliced Turkey with Gravy Dinner Roll Mashed Potatoes Green Beans Pineapple Tidbits Fresh Fruit Milk	14 3 or 4 Way Chili Spaghetti Kidney Beans, Onions Shredded Cheese Oyster Crackers Glazed Carrots, Veggie Boat Mandarin Oranges, Fresh Fruit Milk	15 Wild Mike's Cheese Bites Marinara Sauce Green Beans Garden Salad Applesauce Fresh Fruit Milk
18	Chicken OR Cheese Quesadilla Salsa, Sour Cream Refried Beans, Corn Frozen Sidekick Diced Peaches Milk	19 Cheese Coney OR Hot Dog Roasted Potatoes Onions, Shredded Cheese Carrots & Celery with Dip Diced Pears Fresh Fruit Milk	20 Salisbury Steak Dinner Roll Mashed Potatoes Green Beans Pineapple Tidbits Fresh Fruit Milk	21 Chicken Nuggets Mac & Cheese Baked Beans Veggie Boat Mandarin Oranges Fresh Fruit Milk	22 Grilled Cheese Tomato Soup Oyster Crackers Garden Salad Applesauce Fresh Fruit Milk
25	Chicken Patty on a Bun Baked Beans Waffle Fries Frozen Sidekick, Fresh Fruit Milk	26 Cheese OR Pepperoni Pizza Carrots with Dip Steamed Broccoli Diced Pears, Fresh Fruit Milk	27 Spaghetti with Meat Sauce Corn Garden Salad Pineapple Tidbits Fresh Fruit Milk	28 Confetti Pancakes Sausage Links Smile Fries Veggie Boat Baked Apples Fresh Fruit, Milk	29 Pizza Crunchers Marinara Sauce Green Beans Garden Salad Applesauce Fresh Fruit Milk

Alternate Meal Options

Milk and choices of daily fruits and/or vegetables offered with all alternate meal options

- **Hummus Grab n Go**
-Hummus cup, Tostito's chips, cheese stick
- **Turkey Coin and Cheese Lunchable**
-Turkey coins, cheese cubes, Ritz crackers, cheez-its
- **Turkey OR Ham and Cheese Sandwich**
-Turkey OR ham sandwich offered
- **Protein Pack**
-Hardboiled egg, cheese stick, jungle crackers
- **Chef Salad**
-Large salad with turkey OR hardboiled egg, goldfish *2

Meat options not offered on Fridays
*Menu Subject to Change by Product Availability *