



# DECEMBER | 2021

## HIGH SCHOOL MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	1 Steak Hoagie with Pizza Sauce, Mozzarella Cheese Fries Green Beans Pineapple Tidbits Fresh Fruit Milk	2 Queso Chicken over Rice OR Beef Enchiladas Salsa, Sour Cream Black Beans Corn Carrots with dip Applesauce, Fresh Fruit Milk	3 Pizza Crunchers OR Mini Cheese Calzones Marinara Sauce Steamed Broccoli Garden Salad Mandarin Oranges Fresh Fruit Milk
6 Chicken Patty Sandwich OR Pollo Loco Chicken over Rice with Salsa And Dinner Roll Seasoned Potatoes Baked Beans Diced Peaches, Frozen Sidekick Milk	7 Confetti Pancakes Egg Omelet, Sausage Salsa, Carrots with dip Smile Fries Baked Apples Fresh Fruit Milk	8 Feast of the Immaculate Conception  <b>No School</b>	9 Soft Tacos with Queso Refried Beans Corn Salsa, Sour Cream Applesauce Fresh Fruit Milk	10 Fish OR Grilled Cheese Tomato Soup Green Beans Broccoli with dip Mandarin Oranges Fresh Fruit Milk
13 Cheese or Pepperoni Pizza Green Beans Garden Salad Frozen Sidekick Diced Peaches Milk	14 Sweet Chili Meatball Rice Bowl OR Honey Sriacha Chicken Bowl with Dinner Roll Glazed Carrots Broccoli with dip Mandarin Oranges, Fresh Fruit Milk	15 Baked Ziti with Breadstick Steamed Broccoli Garden Salad Pineapple Tidbits Fresh Fruit Milk	16 Original or Spicy Chicken Tenders Potato Wedges Baked Beans Veggie Boat Applesauce Fresh Fruit Milk	17 French Toast Egg Omelet Veggie Boat Salsa Baked Apples Diced Pears Milk
20	21	22	23	24
27	28	29	30	31

# CHRISTMAS BREAK

### Alternate Meal Options

\*Milk and choices of daily fruits and/or vegetables offered with all alternate meal options\*

- Hummus Grab n Go  
-Hummus cup, Tostito's chips, and cheese stick
- Protein Pack  
-Hardboiled egg (2), jungle cracker, and cheese stick
- Chef Salad  
-Large salad with turkey or hardboiled egg, and goldfish (2)
- Layered Bean Dip  
Layered bean dip and Tostito's chips
- Buffalo OR Plain Chicken Wrap
- Turkey OR Ham and Cheese Sandwich

\*Meat options not offered on Fridays\*  
\*Menu Subject to Change by Product Availability \*