



JANUARY | 2022

HIGH SCHOOL MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 Chicken Patty Sandwich OR Pollo Loco Chicken Over Rice with Salsa Verde & Dinner Roll Seasoned Potatoes Baked Beans Diced Peaches Frozen Sidekick Milk</p>	<p>4 Confetti Pancakes Scrambled Eggs Sausage Salsa, Carrots with Dip Smile Fries Baked Apples Fresh Fruit Milk</p>	<p>5 Steak Hoagie with Pizza Sauce and Cheese Waffle Fries Glazed Carrots Garden Salad Pineapple Tidbits Fresh Fruit Milk</p>	<p>6 Soft Tacos with Queso OR Shredded Beef Street Tacos Refried Beans Corn, Salsa Sour Cream Applesauce Fresh Fruit Milk</p>	<p>7 Fish Sandwich OR Grilled Cheese Tomato Soup Green Beans Broccoli with Dip Mandarin Oranges Fresh Fruit Milk</p>
<p>10 Cheese OR Pepperoni Pizza Green Beans Garden Salad Frozen Sidekick Fresh Fruit Milk</p>	<p>11 Sweet Chili Meatballs Rice Bowl OR Honey Sriracha Chicken Bowl with Dinner Roll Glazed Carrots Broccoli with Dip Mandarin Oranges Fresh Fruit Milk</p>	<p>12 Baked Ziti with Breadstick Steamed Broccoli Garden Salad Pineapple Tidbits Fresh Fruit Milk</p>	<p>13 Original or Spicy Chicken Tenders Potato Wedges Baked Beans Veggie Boat Applesauce Fresh Fruit Milk</p>	<p>14 French Toast Scrambled Eggs Veggie Boat Salsa Baked Apples Fresh Fruit Milk</p>
<p>17 Martin Luther King, Jr. Day NO SCHOOL</p>	<p>18 3, 4 or 5 Way Chili Spaghetti Kidney Beans, Diced Onions Shredded Cheese, Oyster Crackers Green Beans, Garden Salad Diced Pears Fresh Fruit Milk</p>	<p>19 2 Chicken Drumsticks Mashed Potatoes Dinner Roll Garden Salad Pineapple Tidbits Fresh Fruit Milk</p>	<p>20 Italian OR Buffalo Meatball Sub Sandwich Waffle Fries Steamed Broccoli Carrots & Celery with Dip Applesauce Fresh Fruit Milk</p>	<p>21 Wild Mike's Cheese Bites OR Bean Burrito Bowl Glazed Carrots Veggie Boat Mandarin Oranges Fresh Fruit Milk</p>
<p>24 Cheeseburger OR Chicken Tenders Mac & Cheese Green Beans Garden Salad Diced Peaches Frozen Sidekick Milk</p>	<p>25 Buffalo Chicken Dip OR Pulled Pork Sandwich Potato Wedges Baked Beans Celery with Dip Diced Pears Fresh Fruit Milk</p>	<p>26 Roast Beef with Gravy Mashed Potatoes Dinner Roll Corn Veggie Boat Pineapple Tidbits Fresh Fruit Milk</p>	<p>27 Queso Chicken over Rice OR Beef enchiladas Salsa, Sour Cream Black Beans Corn Carrots with Dip Applesauce, Fresh Fruit Milk</p>	<p>28 Pizza Crunchers OR Mini Cheese Calzones Marinara Sauce Garden Salad Steamed Broccoli Mandarin Oranges Fresh Fruit Milk</p>
<p>31 Chicken Patty Sandwich OR Pollo Loco Chicken over Rice with Salsa Verde with Dinner Roll Seasoned Potatoes Baked Beans Diced Peaches Frozen Sidekick Milk</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>

Alternate Meal Options

Milk and choices of daily fruits and/or vegetables offered with all alternate meal options

- Hummus Grab n Go
-Hummus cup, Tostito's chips, and cheese stick
- Protein Pack
-Hardboiled egg (2), jungle cracker, and cheese stick
- Chef Salad
-Large salad with turkey or hardboiled egg, and goldfish (2)
- Layered Bean Dip
Layered bean dip and Tostito's chips
- Buffalo OR Plain Chicken Wrap
- Turkey OR Ham and Cheese Sandwich

Meat options not offered on Fridays
***Menu Subject to Change by Product Availability ***