

# AUGUST | 2022

## High School Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1	2	3	4	5
8	9	10 Salisbury Steak Dinner Roll Mashed Potatoes Glazed Carrots Pineapple Tidbits Fresh Fruit Milk	11 Queso Chicken over Rice or Beef Enchiladas Salsa, Sour Cream Black Beans, Corn Mexican Salad Pear Cup, Fresh Fruit 2670	12 Pizza Crunchers or Mini Cheese Calzones Marinara Sauce Steamed Broccoli Garden Salad Mandarin Oranges Fresh Fruit Milk
15 Chicken or Cheese Quesadilla Salsa, Sour Cream Refried Beans, Corn Peach Cup Frozen Sidekick Milk	16 3,4, or 5 Way Spaghetti Chili Kidney Beans, Onions Shredded Cheese Oyster Crackers Green Beans, Salad Pear Cup, Fresh Fruit Milk	17 Two Chicken Drumsticks Dinner Roll Mashed Potatoes Garden Salad Pineapple Tidbits Fresh Fruit Milk	18 Beef or Chicken Philly Sandwich With Sauteed Peppers & Onion Potato Wedges Glazed Carrots Applesauce Cup Fresh Fruit Milk	19 Cheese Bites with Marinara Steamed Broccoli, Veggie Boat Mandarin Oranges Fresh Fruit Milk
22 Chicken Patty Sandwich or Pollo Loco Chicken over Rice w/Dinner Roll Seasoned Potatoes Baked Beans Peach Cup Frozen Sidekick Milk	23 Pancakes, Cheese Omelet Sausage Patty Carrots/Celery with Dip Smile Fries Baked Apples Fresh Fruit Milk	24 Sliced Turkey with Gravy Dinner Roll Mashed Potatoes Glazed Carrots Garden Salad Pineapple Tidbits, Fresh Fruit Milk	25 Hot Dog or Cheese Coney Potato Wedges Veggie Boat Pear Cup Fresh Fruit Milk	26 Fish Sandwich or Grilled Cheese Tomato Soup Garden Salad, Green Beans Applesauce Cup Fresh Fruit Milk
29 Cheese or Pepperoni Pizza Corn Garden Salad Peach Cup Frozen Sidekick Milk	30 Sweet Chili Meatballs or Honey Sriracha Chicken Bowl Glazed Carrots Broccoli with Dip Pear Cup, Fresh Fruit Dinner Roll Milk	31 Baked Ziti Breadstick Green Beans Garden Salad Pineapple Tidbits Fresh Fruit Milk	1 Original or Spicy Chicken Tenders Waffle Fries Baked Beans, Veggie Boat Applesauce Cup Fresh Fruit Milk	2 Cheesy Flatbread or Mozzarella Cheese Sticks Marinara Sauce Steamed Broccoli Garden Salad Mandarin Oranges Fresh Fruit Milk

### News

#### Alternate Meal Options

\*Milk and choices of daily fruits and/or vegetables offered with all alternate meal options\*

Hummus Grab n Go  
-Hummus cup, Tostito's chips, and cheese stick

Protein Pack  
-Hardboiled egg (2), cheese stick, goldfish and pretzels

Chef Salad  
-Large salad with turkey or hardboiled egg, goldfish and pretzels

Buffalo or Plain Chicken Wrap

Turkey or Ham and Cheese Sandwich

**Meat options not offered on Fridays**

**Menu subject to change by product availability**