

SEPTEMBER | 2022



Elementary Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Chicken Tenders Roasted Potatoes Green Beans Frozen Sidekick Peach Cup Milk	30 Beef Taco Queso Cheese Salsa, Sour Cream Corn, Black Beans Pear Cup Fresh Fruit Milk	31 Chicken Drumstick Dinner Roll Mashed Potatoes Glazed Carrots Pineapple Tidbits Fresh Fruit Milk	1 Baked Ziti Breadstick Steamed Broccoli Garden Salad Mandarin Oranges Fresh Fruit Milk	2 French Toast Egg Omelet Salsa Veggie Boat Baked Apples Fresh Fruit Milk
5 Labor Day	6 Hamburger or Cheeseburger Potato Wedges Baked Beans Pear Cup Fresh Fruit Milk	7 Salisbury Steak Dinner Roll or Chicken Patty on Bun Mashed Potatoes Green Beans Pineapple Tidbits Fresh Fruit Milk	8 3- or 4-Way Chili Spaghetti Kidney Beans, Diced Onions Shredded Cheese Oyster Crackers Veggie Boat, Glazed Carrots Mandarin Oranges, Fresh Fruit Milk	9 Cheese Bites with Marinara Sauce Steamed Broccoli Garden Salad Applesauce Fresh Fruit Milk
12 Chicken or Cheese Quesadilla Salsa, Sour Cream Refried Beans Corn Frozen Sidekick Peach Cup Milk	13 Hot Dog or Cheese Coney Roasted Potatoes Diced Onions, Shredded Cheese Carrots/Celery with Dip Pear Cup Fresh Fruit Milk	14 Roast Beef with Gravy Dinner Roll Mashed Potatoes Green Beans Pineapple Tidbits Fresh Fruit Milk	15 Chicken Nuggets Mac & Cheese Baked Beans Veggie Boat Mandarin Oranges Fresh Fruit Milk	16 Grilled Cheese Tomato Soup Oyster Crackers Garden Salad Applesauce Fresh Fruit Milk
19 Chicken Patty on Bun Baked Beans Waffle Fries Frozen Sidekick Peach Cup Milk	20 Cheese or Pepperoni Pizza Carrots with Dip Steamed Broccoli Pear Cup Fresh Fruit Milk	21 Spaghetti with Meat Sauce Bread Stick Corn, Garden Salad Pineapple Tidbits Fresh Fruit Milk	22 Confetti Pancakes Sausage Patty Smile Fries Veggie Boat Baked Apples Fresh Fruit Milk	23 Pizza Crunchers Marinara Sauce Green Beans Garden Salad Applesauce Fresh Fruit Milk
26 Chicken Tenders Roasted Potatoes Green Beans Frozen Sidekick Peach Cup Milk	27 Beef Taco Queso Cheese Salsa, Sour Cream Corn, Black Beans Pear Cup Fresh Fruit Milk	28 Chicken Drumstick Dinner Roll Mashed Potatoes Glazed Carrots Pineapple Tidbits Fresh Fruit Milk	29 Baked Ziti Breadstick Steamed Broccoli Garden Salad Mandarin Oranges Fresh Fruit Milk	30 French Toast Egg Omelet Salsa Veggie Boat Baked Apples Fresh Fruit Milk

News

Alternate Meal Options

Milk and Choices of daily fruits and/or vegetables offered with all alternate meal options.

- PB & J Sandwich
Mozzarella String
Cheese
Goldfish Crackers
- Hummus Cup
Tostito's Chips
Mozzarella String
Cheese
- Hardboiled egg
Cheese Cubes
Goldfish and
Pretzels
- Chef Salad with
Turkey or
Hardboiled Egg
Goldfish and
Pretzels

*Meat options not offered on Fridays

**Menu Subject to Change
by Product Availability**