

First Sunday of Lent



Sunday, Week I, Evening Prayer II

February 26, 2023

INTRODUCTION

O God, come to my as - sist - ance. O Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spir - it:

As it was in the beginning, is now, and will be forever. A - men.

OPENING HYMN

FORTY DAYS AND FORTY NIGHTS

HEINLEIN

1. For - ty days and for - ty nights You were fast - ing in the wild;
2. Shall not we your sor - row share And from world - ly joys ab - stain,
3. Then if Sa - tan on us press, Flesh or spir - it to as - sail,
4. So shall we have peace di - vine: Ho - lier glad - ness ours shall be;
5. Keep, O keep us, Sav - ior dear, Ev - er con - stant by your side;

1. For - ty days and for - ty nights Tempt - ed, and yet un - de - filed.
2. Fast - ing with un - ceas - ing prayer, Strong with you to suf - fer pain?
3. Vic - tor in the wil - der - ness, Grant we may not faint nor fail!
4. Round us, too, shall an - gels shine, Such as served you faith - ful - ly.
5. That with you we may ap - pear At th' e - ter - nal Eas - ter - tide.

Text: 77 77; George H. Smytton, 1822–1870, alt.
Music: attr. to Martin Herbst, 1654–1681, alt.

PSALMODY



Antiphon 1: Worship your Lord and *God* * serve him *a-lone*.

Psalm 110: 1-5,7

Cantor The Lord's revelation to my Master:†
"Sit on my *right*:*
your foes I will put beneath *your* feet."

All The Lord will wield from *Zi-on* *
your scepter *of* power:

Cantor rule in the midst of all your *foes*. *
A prince from the day of *your* birth

All on the holy *moun-tains*; *
from the womb before the dawn I *be-got* you.

Cantor The Lord has sworn an *oath* *
he will *not* change.

All "You are a priest for *ev-er*,*
a priest like Melchizedek *of* old."

Cantor The Master standing at your right *hand* *
will shatter kings in the day of his *great* wrath.

All He shall drink from the stream by the way-side *
and therefore he shall lift up *his* head.

Cantor Glory to the Father, and to the *Son*, *
and to the Ho-ly Spirit,

All As it was in the beginning, is *now* *
and will be forever. *A-men*.

Antiphon 1: Worship your Lord and *God* * serve him *a-lone*.



Antiphon 2: This is the time when you can *win* God's favor *
The day when you can *be* saved.

Psalm 114

Cantor When Israel came *forth* from Egypt, *
Jacob's sons from an *ali-en* people,

All Judah became *the* Lord's temple, *
Israel became *his* kingdom.

Cantor The sea fled *at* the sight: *
the Jordan turned back on *its* course,

All the mountains *leapt* like rams *
and the hills like *year-ling* sheep.

Cantor Why was it, sea, *that* you fled, *
that you turned back, Jordan, on *your* course?

All Mountains, that you *leapt* like rams, *
hills, like *year-ling* sheep?

Cantor Tremble, O earth, *be-fore* the Lord, *
in the presence of the God *of* Jacob,

All who turns the rock *in-to* a pool *
and flint into a spring *of* water.

Cantor Glory to the Father, and *to* the Son, *
and to the Ho-ly Spirit,

All As it was in the *begin-ning*, is now *
and will be forever. *A-men*.

Antiphon 2: This is the time when you can *win* God's favor *
The day when you can *be* saved.



Antiphon 3: Now we must go up to Jerusalem † where all that has been written about the Son of Man * will be *ful-filled*.

Canticle: 1 Peter 2: 21-24

Cantor Christ suffered for you, and left you an *ex-ample* * to have you follow in *his* footsteps.

All He did *no* wrong; *
no deceit was found in *his* mouth.

Cantor When he was *in-sulted*, *
he returned *no* insult.

All When he was made *to* suffer, *
he did not counter *with* threats.

Cantor Instead he delivered him-*self* up *
to the One who judg-*es* justly.

All In his *own* body *
he brought your sins to *the* cross,

Cantor so that all of us, dead *to* sin, *
could live in accord with *God's* will.

All By *his* wounds *
you *were* healed.

Cantor Glory to the Father, and to *the* Son, *
and to the Ho-*ly* Spirit,

All As it was in the beginning, *is* now *
and will be for ever. *A-men*.

Antiphon 3: Now we must go up to Jerusalem † where all that has been written about the Son of Man * will be *ful-filled*.

READING

Romans 12: 1-2

Brothers, I beg you through the mercy of God to offer your bodies as a living sacrifice holy and acceptable to God, your spiritual worship. Do not conform yourselves to this age but be transformed by the renewal of your mind, so that you may judge what is God's will, what is good, pleasing and perfect.

RESPONSORY



To *you*, O Lord, * I make my prayer *for* mercy.

- To *you*, O Lord, * I make my prayer *for* mercy.

Heal my soul, for I have sinned *a-*gainst you.*

- I make my prayer *for* mercy.

Glory to the Father and *to* the Son* and to the Ho-*ly* Spirit,

- To *you*, O Lord, * I make my prayer *for* mercy.

CANTICLE OF MARY



Antiphon: Whatever you do for the least *of* my brothers,*
you do *for* me.

Luke 1:46-55

Cantor My soul proclaims the greatness *of* the Lord,*
my spirit rejoices in God *my* savior

All for he has *looked* with favor*
on his low-*ly* servant.



- Cantor* From this day all *gen-erations**
will call *me* blessed.
- All* the Almighty has done great *things* for me,*
and holy is *his* Name.
- Cantor* He has mercy on *those* who fear him*
in every *gen-er-ation*.
- All* He has shown the strength *of* his arm,*
he has scattered the proud in their *con-cept*.
- Cantor* He has cast down the mighty *from* their thrones,*
and has lifted up *the* lowly.
- All* He has filled the hungry *with* good things,*
and the rich he has sent *a-way* empty.
- Cantor* He has come to the help of his *ser-vant* Israel *
for he has remembered his promise *of* mercy,
- All* the promise he made *to* our fathers,*
to Abraham and his children *for-ever*.
- Cantor* Glory to the Father, and *to* the Son, *
and to the *Ho-ly* Spirit:
- All* as it was in the *begin-ning*, is now,*
and will be for ever. *A-men*.
- Antiphon** Whatever you do for the least *of* my brothers,*
you do *for* me.

INTERCESSIONS

Leader

Our Lord Jesus Christ has saved us from our sins. As his people,
let us call out to him:

R/. Jesus, Son of David, have mercy on us.

Deacon

Lord Christ, we pray for your holy Church; you gave yourself up to make it holy, cleansing it with water and the life-giving word, renew it constantly, and purify it by penance.

R/. Jesus, Son of David, have mercy on us.

Good Master, show young people the way you have chosen for each of them, may they walk in it, and find fulfillment.

R/. Jesus, Son of David, have mercy on us.

In your compassion you healed all forms of sickness; bring hope to the sick and raise them up, teach us to love and care for them.

R/. Jesus, Son of David, have mercy on us.

Make us mindful of the dignity you gave us in baptism, may we live for you at every moment.

R/. Jesus, Son of David, have mercy on us.

May the dead rise to glory in your peace, grant us with them a share in your kingdom.

R/. Jesus, Son of David, have mercy on us.

OUR FATHER...

CONCLUDING PRAYER

Grant, almighty God,
through the yearly observances of holy Lent,
that we may grow in understanding
of the riches hidden in Christ
and by worthy conduct pursue their effects.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.

BLESSING AND DISMISSAL