



SEPTEMBER 2026

Covington Catholic HS Lunch Bar Menu



Monday

Tuesday

Wednesday

Thursday

Friday

Labor Day
No School

7

Ravioli & Marinara Sauce 1
OR Ravioli & Alfredo Sauce
Garlic Bread
Mixed Vegetables
Garden Salads
Pears, Oranges
Juice, Milk

8

Popcorn Chicken
Dinner Roll
Mashed Potatoes & Gravy
Green Beans
Pears, Oranges
Juice
Milk

Chicken Fajitas 2
Black Beans
Corn
Peppers & Onions
Pineapple, Strawberries
Juice
Milk

9

Fish Tacos
Potato Wedges
Refried Beans
Red Pepper Strips
Pineapple, Strawberries
Juice
Milk

Barbecue Sandwich 3
Sweet Potato Fries
Green Beans
Zucchini Sticks
Applesauce, Bananas
Juice, Milk
Carnival Cookie

10

Spicy Tenders
Macaroni & Cheese
Glazed Carrots
Broccoli
Applesauce, Bananas
Juice
Milk

Pizza Crunchers 4
Marinara Sauce
Crinkle Cut Fries
Broccoli, Pickle Spears
Peaches, Grapes
Juice
Milk

11

French Toast Sticks
Egg & Cheese Omelet
Tater Tots
Baby Carrots
Peaches, Grapes
Juice
Milk

Popcorn Chicken 14
Dinner Roll
Mashed Potatoes & Gravy
Green Beans
Mandarin Oranges, Apples
Juice
Milk

14

Crispitos 15
Black Beans
Corn, Salsa
Zucchini Sticks
Pears, Oranges
Juice
Milk

15

Buffalo Chicken Pizza 16
Mixed Vegetables
Garden Salads
Pineapple
Strawberries
Juice
Milk

16

"BBQ Mac & Cheese Bowl" 17
Barbacoa
Macaroni & Cheese, Dinner Roll
Glazed Carrots, Celery Sticks
Applesauce, Bananas
Juice, Milk
Chocolate Chip Cookie

17

Cheese Bites 18
Marinara Sauce
Crinkle Cut Fries
Broccoli, Pickle Spears
Peaches, Grapes
Juice
Milk

18

Cheese Pizza 21
OR Pepperoni Pizza
Corn, Peas
Garden Salads
Mandarin Oranges, Apples
Juice
Milk

21

Chicken Drumstick 22
Dinner Roll
Mashed Potatoes & Gravy
Green Beans
Pears, Oranges
Juice
Milk

22

Mini Corn Dogs 23
Potato Wedges
Glazed Carrots
Cucumber Slices
Pineapple, Strawberries
Juice
Milk

23

Chicken Quesadilla 24
OR Cheese Quesadilla
Refried Beans, Corn
Red Pepper Strips
Applesauce, Bananas
Juice
Milk

24

Grilled Cheese 25
OR Crispy Fish Sandwich
Tomato Soup
Oyster Crackers
Broccoli
Peaches, Grapes
Juice, Milk

25

Chicken Tenders 28
OR Spicy Chicken Tenders
Mini Waffles, Tater Tots,
Baby Carrots
Mandarin Oranges, Apples
Juice
Milk

28

Ravioli & Marinara Sauce 29
OR Ravioli & Alfredo Sauce
Garlic Bread
Mixed Vegetables
Garden Salads
Pears, Oranges
Juice, Milk

29

Chicken Fajitas 30
Black Beans
Corn
Peppers & Onions
Pineapple, Strawberries
Juice
Milk

30

Student Meal \$3.45
Adult Meal \$5.00
Extra Entrée \$2.20
Extra Fruit/Veg \$.60
Extra Juice/Milk \$.60
Bottled Water \$1.00
Ala Carte Snacks & Beverages \$.60 - \$2.00

Alternate meal options include PB&J Grab & Go, Pepperoni & Cheese Pizza Kit, Chicken Wrap, Buffalo Chicken Wrap, Turkey Chef Salad, or Egg Chef Salad. Fruit and vegetables are offered on all options. Meat options are not offered on Fridays. This menu is subject to change by product availability.
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