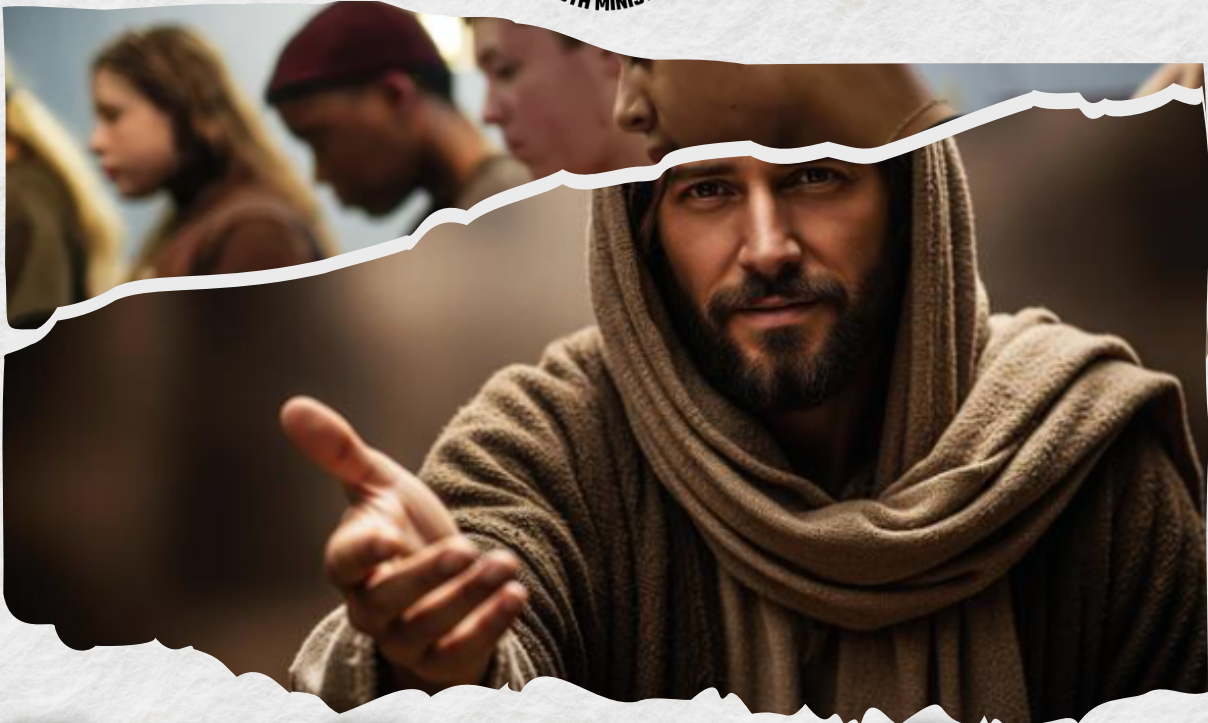




TEENS ENCOUNTER CHRIST

WHAT IS TEC?

A vibrant Catholic movement that begins with a retreat weekend and evolves into a community that supports, values, and accompanies teens and young adults.

TEC RETREAT WEEKEND

High school juniors through college age are invited to attend a fun and exciting weekend to encounter Christ, community and peace!

"TEC is an important part of my own discipleship journey. I invite you to discover TEC."
- Bishop Iffert, Spiritual Director of TEC

HURRY!

Space is limited. Each weekend is limited to 25 retreatants.



Apply here



TEC WEEKENDS
NOV 21-23, 2026
MARCH 6-8, 2027
JUNE 11-13, 2027
OCT 16-18, 2027

 **contact:** YouthMinistry@covdio.net for info | **website:** <https://covdio.org/tec/>